

# WORM COMPOSTING WORKSHOP

## SATURDAY, JUNE 6, 2009

### 9:00 AM - 11:00 AM

Mt. View Sanitary District, in partnership with Contra Costa County, will host a worm composting workshop on Saturday, June 6, 2009 at 3800 Arthur Road, Martinez, California. Master Composter Todd Sutton will show you how to make your own worm compost.



Vermicomposting (“vermi” is Latin for “worm”) is the process of using worms to process organic food waste into nutrient rich soil. Worms eat decaying food waste and produce vermicompost, a very effective soil supplement. The worms will produce both a liquid fertilizer and worm castings (a fancy name for worm poop). Worm poop is the best compost! It is a solid, odor free byproduct of worm digestion. You can collect your worm

castings periodically and use them as a soil addition, soil conditioner, or even light mulch.

Learn more at the workshop. To sign up for the workshop, call Dorothy at (800) 750-4096 ext. 2, or send an email to [cccrecycle@yahoo.com](mailto:cccrecycle@yahoo.com).

